



LIFTLINE

OCTOBER 2023

PRESIDENT'S CORNER



Mark Wilder
President

What, it's October already? Where did summer go?! Well, I'm still biking so I guess it's okay then.

First thing is, we had another successful volleyball tournament . Our 52nd. Many

thanks to Lynda Heaney for taking the lead in getting a committee together to oversee the event. And of course thanks to all the volunteers who gave of their time setting up on Friday and take down on Sunday and to all those who helped out on Saturday. We don't have the final results yet, but we had more teams and players this year. The success of this event is what supports the day bus and keeps the price down for us.

Most trips have opened , the rest will open very soon. Some are already sold out! But there is a huge variety and something for everyone. We're having an early season trip to Whiteface with instruction included. Lake

Placid is an awesome town. Check out this deal.

This month we will be voting on our budget for the coming year. Be sure to come out that night to cast your vote! Not sure where the Happy Hour is this month but it's always a fun time to relax with your OC friends.

Coming up next month, we have the Snow Expo and New Member party (formerly known as the applicant party).

And check the schedule for upcoming ski instruction events that Jeff Kenton will be running Thursday nights throughout the season.

Cheers,

Mark



Thursday - October 5th
Albany - PCC
Washington Ave Ext



Welcome to the October Issue of the OC Ski Club's Newsletter called the Lifline

As you might know, this Club is run by volunteers. So be kind to those who are working hard so you can enjoy the many events that the OC Ski Club does for its members. We also need input from our members so we can provide what you are looking for. See email links on the last page.

PLEASE HELP - The OC Ski Club is looking for a couple of volunteers to help with our WordPress website content updating. Your commitment would only be one hour per week. Starting in the Fall.

Please email webmaster@ocskiclub.org with Subject "Website help"

There is a Event Calendar posted to the OC Website

It is on the "Upcoming Events" page

[Click here to check it out!](#)

It's new and we are still inputting relevent info

Not on the calender? Then it is one of two things (1) not a confirmed event as of yet or (2) give us a day to get it posted. (Again we are volunteers who have day jobs (bummer) and do some things when we get home at night.)

The last page of the Lifline will always have what you need to follow the Club. The main item is the website address. There is also a website link that will take you to the webpage where you can email an Officer of the Club or a committee head who will be happy to answer any questions you might have.

SKIING



Lynda Heaney
Vice President for
Organized Skiing

The committees have been working on the OC Snow adventures. Ski instruction has put together another series of clinics for this year. The Bus Committee has been working hard on putting together a day bus schedule. The Ski Council is also working on a lift ticket discount schedule. The final three trips are open our European trip to Val Di Fassa, Italy, Burke Mountain, VT, and Ski New Hampshire at the Indian Head resort. Heavenly Valley, 6 spots left. Banff and Winter

Park are sold out! Sunday River and Whiteface, Quebec City are taking sign-ups.

I'm always on the lookout for opportunities to pass along,

Here are a couple of deals to share, and we can use them with the New Hampshire, Sunday River and Whiteface trips. Furthermore, for day trips on the Alpine Buses.

Gore, Whiteface and Belleayre have a Ski 3 Empire card. These cards sell out early. So, if you're interested, a guaranteed discount on your lift tickets for the season. This works with our scheduled buses and the Lake Placid trip. Cost \$59 – discounts 50% on Weekday and 25% on weekends. Adult 20-64 \$57/\$85, Senior 65-69, \$45/\$67, 70+ 70 and over \$28/\$41 They sell out quickly, and they are available for sale.

NE Day Restricted Good at Sunday River and Sugarloaf seven days a week except blackout dates. Valid at Loon, Monday through Friday, except blackout dates. Blackout dates: December 26–31, 2023; January 13–14; February 17–19; February 24, 2024 – five days \$349

Lynda Heaney



[Detailed Information about Ski Trips are posted to the OC Website](#)

[Lift ticket options info plus Family Friendly trip info on the website](#)

All trips will be open for sign-ups at Oct 5th meeting (Some trips have been open since August!)

Ski Trips with Airfare included (USA, Canada & Europe)

Heavenly in South Lake Tahoe \$1775 (+) 8 Nites, Jan 19-26 **10 spots left don't miss out!!**

Val Di Fassa, Italy \$1878 (starts at), 7 nites, March 9-19, side trip to Milan (optional, plus \$)

Winter Park \$1,725 (+) **SOLD OUT**, sign up for wait list, Feb 25 - March 3

Banff, Canada \$1,979, **SOLD OUT**, sign up for wait list, March 19-26

Eastern USA trips (Bus trips & Drive-up trips)

Dec 15-17 Whiteface \$253 (+) 2 Nites, 2 breakfasts, Drive up, Golden Arrow Lakeside resort

Dec 29 - Jan 1 Quebec City New Years Trip \$520 (+), 3 Nites, Bus trip

Jan 9-12 New Hampshire \$309 3 Nites, 2 dinners, 3 Breakfasts, Drive up, Indian Head Resort

January 12 -15 Smugglers Notch, VT, starts at \$250, Drive up, ski in ski out - **Martin Luther King Weekend**

Feb 4 - 9 Sunday River \$460 (+) 5 Nites, 1 dinner, Bus or drive up options

Feb 14 - 16 Burke Mountain, VT, \$359 2 Nites, 2 breakfasts, lift tickets included, drive up

The Jay Trip will be opening a little later in the season. We will send out a notice when sign-ups are starting

April 5- 7 Jay Peak, VT, Drive up, 2 Nites, waterpark incl., ski in ski out

[OC Website Trip webpage - click here](#)

Alpine Bus Committee

Alpine Buses are finalizing the schedule for the 2023-24 season. We are running buses to Big Snow in New Jersey in September and October (21st Sat. Is the next bus). Our regular season begins Dec 3 at Killington. Bus seats are still priced at \$12 for members and their children aged 7-17. Guests are \$22. You can pay at meetings, on a previous bus ride or at our website via PayPal. All lift ticket deals will be found on our website with direct links to the source selling the lift ticket. You must show your membership card on all bus trips. Memberships can be purchased on our buses.

One mountain we have added back is Sugarbush. We used to run a bus to take advantage of the Warren Miller movie ticket but this is no longer available. BUT we are going Feb. 2, Friday and Mar. 6, Wed. to Sugarbush which is offering on their website a "Third Best Deal Ticket" for \$99 for 2 lift tickets. That means if you buy the ticket now, you pay \$50 per lift ticket for the 2 days we scheduled. If you don't have IKON, then this is the cheapest way to get a Sugarbush lift ticket. They are limiting the number they plan to sell, so go online TODAY to get your tickets for these 2 bus trips. The tickets are non-transferable.

We will take advantage of Council days offered by the mountains. So far Killington and Stratton have offered days. Be sure to stop by the Bus table or membership to get your Council stamp to attach to your OC membership card. Remember, you need to show your membership card at the bus table to sign up for a bus seat and at mountains that are offering special prices for OC members. You can buy Junior ID cards for \$6 at membership for your skiing kids. Kids will need to show their cards to take advantage of Council days.

The Club has rented Plattekill Ski Area for February 29. That is a Thursday. Many special events are planned for that day, and we will run a bus to the mountain. Make sure you put that day on your ski calendar.

Barbara Sorrell and Sylvia Haefeli are working hard to firm up the ski calendar. It will be available in early October. Be sure to sign up for Big Snow in October. Free lessons will be offered by our ski school. Check with Jeff Kenton at meetings or by email.

Keep on making those snow dances, we want lots of snow this winter. And the bus goes no matter the weather. Sylvia Haefeli, and Barbara Sorrell, Alpine Bus Co-chairs



Great Deal on Sugarbush lift tickets! Basicly \$50 a day. The OC Ski Club is scheduled to run 2 different day buses to the Bush. One in February and one in March.

Text from the Sugarbush website - We like your whimsy and you're going to love the NEW Third Best Deal ticket. It's just \$99 and comes with a FREE day. 'Wait...what? That's better than a Quad Pack' you might say. Hold on. Yes, the TBD ticket is a great lift ticket deal (better than a lot you'll find out there.) But there's a reason it's called the Third Best Deal. [Click here to see more](#)





The 2024 Sunday River trip has been open since mid-July. We are already 1/3 full! We still have ~90 spots available. We are limited in the number of each type of room, so if you want a specific room type (regular hotel, studio superior or deluxe, 1 bedroom etc.) you will want to get your paperwork in quickly.

To be officially signed up, we need your deposit of \$200.00, your sign up form, a photo of your current OC Membership card (or bring it if you sign up in person) and to know if you plan to ride the bus (we need 42 to ride in order to get a decent per person price), purchase lift tickets, and are interested in a group dinner (we need 50 to attend in order to plan and have it). We HOPE TO know the per person amounts for the Bus and dinner before November as our next payment due date is November 16th. We will email you your balance due amount by November 1st so you can plan to either pay at the meeting or mail the payment.

Please Note: We are NOT collecting any money for lift tickets. You will purchase them yourself – online, in advance – using a discount code that we will provide in advance (as we get closer to season opening, we should get the code). Anyone with vouchers from last year’s trip will need to contact Sunday River directly, but likely will not get any assistance much before November when the season kicks off. We will ask for info before then, but make no promises that we will have answers. We want you to also understand that we do not assign the rooms at Sunday River, so while we can ask that you be assigned to a specific wing of the Hotel when you request it, we cannot guarantee anything. We will do our best though.

Ready for Snow! Eileen, Rich and Tom
email us at sundatriver@ocskiclub.org



AS THE SKI TURNS - OC SNOWSPORTS SCHOOL

Save the Dates!

Thursday October 26 - PCC 5:30 PM- FUNCTIONAL MOVEMENT SCREEN aims to identify imbalances in mobility and stability during fundamental movement patterns, where the patterns are given a numerical score. Once deficiencies have been identified, a program of corrective exercises can be developed with the goal of preventing injuries. For those wishing to participate in the test, wear Gym clothes. Conducted by Brian Mieczkowski, OC Snowsports School Technical Director. TESTING WILL BE LIMITED - sign up at a meeting or contact Jeff Kenton at skiinstruction@ocskiclub.org for more information.

Thursday November 30 - PCC 6:00PM-STANCE & BALANCE BOOT CLINIC-An annual clinic on what you need to know about ski boots and how they affect your skiing comfort and performance. New for this season will be an update on the latest technology with all ski equipment. Garrick Dardani-Steiner's Sports master boot fitter will present.

Thursday December 14 - PCC 6:00 PM-CONDITIONING & PREVENTING SKI INJURIES -Injuries and wear and tear on the knees and other weight bearing joints are unfortunately common among skiers Learn about types of ski injuries and how to prevent them with Kelly Chang, a physical therapist and avid skier. The clinic will include 15-20 minutes of education followed by a strength and conditioning circuit designed specifically for skiers to build strength and prevent injuries. Wear Gym clothes if you wish to participate.

Thursday January 11 2024-PCC 6:00 PM-SKI CARE & TUNING CLINIC- Another annual clinic where you can learn how to take care of your skis, minor maintenance and repairs for the do it your selfer, what to look for when buying used skis, etc. A complete sharpen and wax tune up will be done at this clinic. This clinic will be led by OC Snowsports

LET IT SNOW !!!!!!! Jeff Kenton OC Snowsports School Director



New York Capital District Ski Council News (NYCDSC)

Your current Council representatives are Cynthia Ward and Sylvia Haefeli. Both have served on the Council for many years. The Club is still looking for a 3rd representative. The Club is one of 19 member clubs in the region that compose the NY Capital District Ski Council. The purpose of the Ski Council is to coordinate activities among clubs such as racing, trips, Council Day lift tickets, and any other action that supports the local clubs. One function is to share information about the various trips each club offers its members so that the other clubs are aware of them, and even maybe allow clubs that belong to the Council to join those trips. This helps when a member club has openings on their trip that need to be filled. The Council is also the group that gains access to Council Days at various ski venues. The Council issues stamps that adhere to the Clubs' membership cards that must be shown at the ski resort to gain the coveted cheaper lift ticket. Both Killington and Stratton so far are offering Council Days.

Each month we will offer more information about the Council so that more members can appreciate the OC Club participation in the Council. We are still looking for that 3rd representative. The Council meets September through June on the first Wednesday of the month. You can visit NYCDSC.org for more information.

Racing was a huge activity sponsored by the Council. Races were held at area ski resorts. Today West Mountain is the place for race training with the Council. Hopefully, an interclub race will be held this winter. More to come in future LiftLines.

Sylvia Haefeli, Cynthia Ward, Reps for the Council.

ADMINISTRATION



Erin O'Brien
Vice President for
Administration

Greetings OCers,

I hope that all of you enjoyed the last three weeks of summer and are adjusting to the cooler temps of fall. I managed to get in a few swims before the water got too cool for me!

Speaking of water, we have scheduled a fall foliage cruise on Lake George aboard the Horicon. The date is Saturday, October 14th. It is a noon cruise and it will cost \$20 per person if we get more than 20 people to sign up. I think that it will be a very colorful cruise, so please join us for it! It will also be a birthday celebration, which will add to the fun!

A continuation of the fun will be had on Wednesday, October 18th for our monthly Happy Hour. It will be happening at The Painted Lemon in Clifton Park. The hours are from 4-7 pm. There will be food and drink specials. You can check out their menu at their website, which is thepaintedlemon.com. See you there!

Finally, I would like to send a big shout out to everyone who helped make the 51st OC Volleyball Tournament a great success! Gail did all of the behind the scenes work-ordered food, secured contracts, organized the scheduling of the teams, and tallied up all of the proceeds at the end. She also was there on Sunday to help break things down. She left great documentation for Lynda and Dan Heaney, who were there to manage it for set up and the day of the tournament. Kudos to all who helped the club out by either volunteering their time or playing in it!

Please check the website for any updates!

See you out and about,

Erin O'Brien

BIG NEWS - OC Board of Directors has cancelled the requirement to add a late fee if you forgot to renew on time or just did not renew for any reason but now want to rejoin.

How to Join for new members - [CLICK HERE](#) Renew your membership - [CLICK HERE](#)



Fall Foliage Boat Cruise on Lake George

aboard the Horicon

Date/Time: **Saturday, October 14th**, boat departs at 12 noon

Location: 2 Kurosaka Lane, Lake George NY

Event Contact - Erin O'Brien

Event Contact email: admin@ockiclub.org

[Horicorn Website](#)

October Happy Hour

Date/Time: Wednesday, October 18th

Location: Painted Lemon

54 Clifton Country Road, Clifton Park, NY

Details: The hours are 4-7. There will be food and drink specials. The drink specials end at 6.

[The Painted Lemon Webpage](#)





OC Golf Scramble

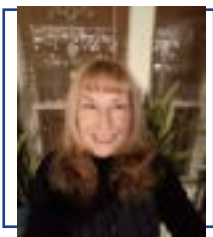
With the threat of rain looming, the OC's went out and had a grand time at the annual golf scramble. 40 players stayed dry and maybe lost a ball or two, but who cares when you are out with other OCers.

First place Team - Team Gibson

Closest to the pin - Kevin O'Hern, Steve Camino, Liana Verba

Closest to the line - Tom Gibson & Jill Behunin





OC SECRETARY

Cynthia Ward

NOTES FROM OC BOARD MEETING
SEPTEMBER 2023



- Bobby Domanico was approved as House chair.
- Memberships are running slightly behind last year.
- The Lake George Boat Cruise will be offered in October to enjoy the view of the fall foliage.
- Most trips are open. Check the status on our website where all the details and sign-up procedures are posted.
- The trip to Val di Fasso, Italy with the extension to Milan will open online next week.
- The MLK trip to Smuggs will open at the September 20 HH.
- Sylvia Haefeli was approved as NYCDSC representative. Another Representative to the council is still needed.
- NYCDSC stickers to take advantage of club appreciation discount days will be available shortly. So far only Stratton has offered days with December and March days priced at \$82.80 and January and February days priced at \$98.92.
- The NYCDSC Secretary, Delores Lark, has been sharing our weekly email and announcements of our events with all ski council reps as well as information of events from all member clubs to encourage cooperation among the member clubs.
- In that spirit, our bus to Big Snow on September 30 will be open to all clubs. The bus committee will work out the details.
- Jeff proposed offering coaching during the Sunday River trip based on instructor availability during the week of that trip.
- The Volleyball Tournament (9/16) still needs many volunteers for that day, for set up (9/15) and for cleanup (9/17). Volunteering for only a few hours really helps and it is also a lot of fun which includes food and beverages.
- Marketing: The committee and officers met to revise policy communication policies and procedures.
- Fred announced that the Club will have a table at the Warren Miller movie at the Egg on November 3. This will be a good opportunity to market the Club and generate interest in visiting our booth at the Snow Expo which will take place the following week.
- The board reviewed the proposed budget forecast and the finance report submitted by Finance Chair Bob Hossan. The budget forecast was recommended for approval of the membership and should be presented for membership vote in October.
- Fred reported that the web site review is well underway with revised content already submitted by officers and committee chairs. He encouraged board members to submit their profiles within the next ten days, so this information can be posted by October. Fred has 2 quotes for the remodel and is seeking one more. The process involves copying the website by the chosen web designer who will work on the remodel and then replace the online version once the remodel is complete making for a smooth transition. The remodel is to allow easier navigation and standardize web pages for consistency. Attention will next be turned to other media platforms, i.e. Facebook, Instagram, Constant Contact, etc.

Respectfully submitted,
Cynthia aka Princess Snowflake

Family Corner

Hi Families

The contracts for our trips to Smuggler Notch Jan 12-15 and Jay Peak April 5-7 are set. Smuggs goes on sale Oct 5 at 7:30 pm, our regular meeting. We are back at Smuggs for Martin Luther King weekend. You can book a 2 or 3 night stay. We have condos only, so you must sign up as a group. We will keep a list of singles or couples that want to go and try to match them up, but no promises. Get your group together and sign up for another outstanding ski vacation. See our flyer on the OC website for more information and prices.

Other trips run by the OCs will also be open for family members. Check out New Hampshire, Sunday River, and Burke trips. All are family friendly. **That is a big change from past years.**

All Alpine day bus trips are family friendly. Children, age 7-17 are welcome on the bus. The bus committee is scheduling some weekday buses during school vacation days. Check out the schedule when it is posted on the website in October.

The Club offers Jr. ID cards for \$6 for those who want to take advantage of Ski Council Days and need to show a club membership card for their children. Be sure to get the Council stamp at membership or the Bus table to put on the back of the membership card. The stamp will be required by several mountains including Killington and Stratton.

Carrie Britt will be the trip leader for Smuggs and Jamie Britt will be the trip leader for Jay. I am looking for another person to be a co-leader with Carrie as Smuggs usually has many sign ups and is a lot of work to organize. Anyone interested in being a co-leader or even training to be a trip leader for next year, should contact me. I really need help.

A big Thank You to Eileen Finn-Lematty and Matt Wakefield for running the Family committee for so many years. They finally retired but have offered to stay on as advisors. Boy, do I need their wisdom! So long for now. See me at meetings if you have questions or email me at family@ocskiclub.org.

Sylvia Haefeli - Family Committee Chair





The OC Ski Club is a member of the New York Capital District Ski Council (NYCDSC). As a OC member you receive the benefits from that organization which include discount lift tickets to various ski areas in our area plus other benefits. [Find out more HERE](#)



PO Box 13901, Albany, New York 12212

Website - <https://ocskiclub.org/>

Twitter - currently inactive

Contact a Club Officer or Board member - <https://ocskiclub.org/board-of-directors/>

Contact a Committee Chairperson - <https://ocskiclub.org/committees/>

Facebook - [OC Ski Club, Inc](#)

Instagram - [OC Ski Club](#)

Officers

Mark Wilder - President
 Erin O'Brien - VP of Admin
 Lynda Heaney - VP of Skiing
 Cynthia Ward - Secertary
 John Wimmer - Treasure

Board of Directors

Greg Bockis	Kelly Buell
Matt Fabrizio	Mike Furdyna
Sylvia Haefeli	Jeff Kenton
Gail Marotti-Hossan	Meghan Ruby
Judy Franze Tewey	Jim "Mash" Wagman